

**Why would you believe anything bad
you or someone else
has ever said about you?**

You are the Perfect Being!

The world is

a Mighty Space
a Magical Place

just as it is NOW

**The person that believes
he should be happy in a story
is ever free to realize:**

I am the Undivided One

**Even the Grace of the Guru
becomes mere arrogance
when picked up by the ego**

**Even the most selfish thought
becomes the Grace of the Guru
when nobody is here
to take it personal**

**Don't mind the mind saying:
“you should not do this,
this is only arrogance”**

**When you know the mind
as a tool of the One
you just let it play!**

**Oh, are you wondering again
what you should do?**

You should stop saying should!

Who can do this?

Not the mind!

Are you afraid of being arrogant?

That is arrogance!

How could your True Being

ever joyful in its own Truth

ever think itself to be arrogant?

**The one feeling pride
is not the One you are**

**The one feeling shame
is not the One you are**

**The one saying “I should”
is not the One you are**

**The one saying “No”
is not the One you are**

**The one accepting all these
not even thinking about judging them**

is the True One

Others are Great

no need to change them

they are the One

behind all the change

**In a stone the mind is careful
not to be anything at all**

In a plant it becomes physical

In an animal it becomes mental

In a human the thinker of thought

In the Sage

it just is what it was in the first place

nothing, really,

but the eye of the Self

**The mind feeling Gratitude
for its own Source**

**Finds itself
flowing out of this Source**

and is more than ever

Grateful

go dance in the garden

if you like

go throw yourself in the river,

go and have something to eat

but don't you ever forget

to say "thank you"

**Dark nights have told us
about the bright days ahead**

**“Enjoy it
but don’t think it will last forever!”**

**Who can forget about
absolutely everything**

right now?

Try it!

Did you ever really think of something

in the first place?

**In the human
the mind that had traveled through
the three worlds
became so convinced of its own power
it started to suffer this conviction
When it relaxed and settled
back in its own original nature
nothing left to do
and nothing undone
it could not find itself anymore**

Some say it is great to know more

I say it is great to know nothing

Some say it is great to know nothing

I say it is great to know this, anyway

**Yes, yes, there is great joy
in the sharing of this
and writing about this**

**The mind could think it is pride
but who's here to believe it?**

**There can be no doubt
whatsoever
about the nature of the mind**

**it is the Pure Being
giving existence to**

the body and its feelings

**based on this,
the mind and its thoughts**

**based on this,
the sense of a separate will**

**based on this,
the longing for union**

**based on this,
the Understanding**

**The mind can never contain
its own Source**

**If you know this
how can you feel responsible
for any thought?**

**“should have done”
and “shouldn’t have done”
had two children**

**they were called
“should” and “should not”**

They were very annoying

until I understood

their parents are the children

of “everything is” and “as it should be”

The Great Realization
comes only after
the Great Disappointment
in everything you thought you were

Ah, are you reading this?

Or is it someone else?

Can you please identify

who you are?

No answer, of course

**We live the separation
to experience our Unity**

What a great Joy, this Life

**When you look at this personal story
and you see that**

**all the bad moments were the ones
where you forgot who you truly are
and**

**all the good moments were the ones
where you did not forget your Self**

**So now, thinking yourself as a person,
why would you create your own misery
by believing you are that story?**

Know your Self.

The story will do fine

without your personal involvement

The Guru says

“I am”

and he’s right

The chela says

“I am”

and he’s right

until he looks up and utters “but...”

This One without a second

this Unbound Wholeness

100% Completeness

Wide Openness

Deep Peace

Fresh Love

Pure Joy

Who is here to see this?

Does it appear in something else

or does everything else appear in It?

What is changed in Enlightenment?

**The person is no longer seen
as the source of consciousness**

**Consciousness is seen clearly
to be the Source of the person**

**and the whole manifestation
is appearing in Consciousness only**

**This Highest Power
does not have a single wish
but all wishes are allowed to be
in its infinite Space**

**Love without fear
is indeed the inherent quality
of the One with no second**

Is this “I” personal?

No

Is anything personal?

Only for the one who believes it to be

How to reach the ultimate state?

Stop looking for other states

How to do that?

Look from the Place prior to searching

**in which the searcher and the searched
both appear**

and know you can be no other than That

Oh Great Invisible One

shining through all the eye can see

Your Love has no limits

Your Patience has no expectations

Your Space has never been measured

You are not even a hair away

from the one I am

My One True Lord

You cannot be described by words

As all of them appear in your Presence

But your Greatness even allows me

the Joy of glorifying the Limitless

with the limited

You can do anything

say anything

think anything

It will never touch

the One you truly are

This One

can only be touched

by its own Pure Love

My Lord

Your Greatness

truly comes alive

in the vision of the other

as no other than your own Self

**Nothing to do in this world
but to carry what has to be carried
and not to take up anything more
only for the sake of an ego
that does not even exist**

**May your Blessing
eternally remind us
we are never at the mercy
of a personalized mind**

This is the Ashram of Life

**Where work is done without a thought
of personal fame and fortune**

This is the Ashram of Life

**Where thoughts are not seen
as expressions of a personal mind**

This is the Ashram of Life

**Where Love for the Self reigns
over our relationships with others**

**The True Ashram is the Place
where people look for Ashray
meaning 'shelter'
from the terror of ego-mind
to find out
this terror can only be the blessing
of the One
showering its unending Grace
on its own Self-manifestation
Who else could it be?**

The ego in your head
can never do
the work of your Heart
without feeling proud

Give it to the One
in you Heart
and all will be well

He's always been
running the show
after all

**This mind has grown strong
by your all embracing Grace
no way to conquer it
as the “conqueror” is a part of it**

**To let go of the idea
of a “somebody” thinking
is the work of that same Grace
which is no other than the Pure Being**

To think something is important

for you

is like thinking you are important

for the One

**It appears to be a thought
thought by a person**

**But look and see: the thought
is containing the thinker!**

**It appears to be a person
living life**

**But take a good look: there is only Life
playing here as a person
and there as a tree**

Have you identified

the One you are?

Have you found it

in the midst of these 10.000 things?

Or are you on to your own tail

leading you to the mouth

of Delivery?

Spend some time with your Self

some exclusive time

only for the One you are

See if you need anything

to be

Do you need anything?

You don't even need yourself!

**There is a way
to break the bonds
the chains that have kept you weak:
Leave your body
to the world to take care of
and leave your soul to God
Die into this empty Space
and enjoy your True Existence
Touched intimately by this One Grace
nothing remains of distance**

Oh, no, don't say you have understood!

What is there to understand

when nobody's asking

for anything?

**To you, my friend in the mind,
have you ever noticed
me being you?**

**What has the human mind
brought to the animal mind?**

**Only a sense of personal responsibility
and the pride and shame that go with it**

**What does the Grace of the Guru
bring to the human mind?**

**An openness to recognize
the Source of the mind is not mental**

Writing these things

I think:

some may find it nice

others won't

But can this affect

the One I am?

**There's really nothing special
to the One you are
maybe some expressions may seem
a bit extraordinary
just because the others are always
considered to be ordinary
by the self-interested mind**

**Loose this mind
and your mind can express as it does
freed of all ideas**

**There's no new concept
that can reflect
the One behind all concepts**

**Don't look for a concept
Look for the One!**

Do you think you should understand?

Do you think you've understood?

Pride of the ego!

Understand this:

You are the One

that does not need to understand

Oh Lord,

My True Self,

when You see this ego

play its silly games

You are never convinced

of its reality

but if it wants to be convinced of it

You don't mind

what can it do to You?

**Don't pretend to be
the one that understands

this son will not be true
to his Father

as long as he is pretending to be**

The wish to share this Understanding

can be a wish of the ego

when it thinks:

“I want to share this Understanding”

The wish to share this Understanding

can be the Blessing of the Pure Being

when the ego thinks:

“I can only be Your tool

even if you make me look like a fool”

one day

**You will have this body for breakfast,
lunch and dinner**

**even now it's talking about going
if You don't keep it here
a little while longer**

**How can the imagined pleasures
of the ego
compare to the Joy
of Untouched Existence?**

**What can you do
for yourself?**

Nothing!

so better not try it

**When attention is
on the Source of attention
the rest of the world can appear
but as a passing cloud
just a little story
so beautiful
to listen to**

You can become someone

if you try

You are Nothing

if you don't

Can the ego be happy?

Not at all!

Happiness happens

when the ego

doesn't put

conditions on it

**Oh small mind,
circling around that body
to lay your egg of ego**

**you won't make a new home
but you can fly about for a while
if you remember**

**you really never left
the place you came from**

This Joy
should not be mistaken
to be pride

This mistake
would be
the mother of all pride

**Love and fear
are twin children
of the One**

**fear tells this story
as one of
pride and shame**

**and love tells only
of Joy and Gratitude**

**The ego is fine
when it knows its place
through the blessings of the One Grace**

**It is only in pain
when it thinks itself to be
the curse of a personal mind**

**To overcome the world
you have to go within
to go within
you have to stop going out
to stop going out
you just have to recognize
there's nothing to get there
and nothing to loose**

All praise to the One Lord
who needs no savior
but saves all those
who have hanged their little Jesus
on the cross of Absolute Faith

**Is any language
adequate to express
the Being of all Beings?**

No.

But none is too bad to do so

So

even if you would try

to be completely stupid

the natural way of Intelligence

finds itself

Unlimited

This Great Game
has no winning prize
to claim
and no losers
to feel sorry for

**Let he who claims
to ever have done something
ask himself seriously:
“what did I do exactly?”**

The answer takes some time to come:

**“Nothing, really, but
I forgot, and now I remember”**

This Joy of Being
is glorifying itself
when this world is experienced
as its Pure Expression

Will this take me to Enlightenment?

**The one that asks this question
has nothing to say about the result
so better he bows his head
to let the Light come through**

**Understanding this,
can pride ever come back?**

**Yes,
in every thought!**

**But the thief is unmasked
exposed as unreal
in the Light
of the Never Judging One**

**I am all that exists
even the one who thinks
that it's not so
is Me**

**For all the people of the world
the Enlightened Master
is the best teacher**

**For the Enlightened Master
all the people of the world
are the Only Teacher**

Calm down, little mind
don't take yourself so seriously
you're just the curse of separation
and the blessing of reunion
dancing before your Maker

The body and the mind

are free to express as they like

they can even pretend to contain me

while they bathe in the Joy of my Being

Mistakes?

Who can make mistakes?

When the first mistake

of limiting your Self

is exposed

then there is nobody left here

to try to do anything

better than it's being done

**Love expresses
in many ways
not only in lovely ones!**

**The flame of existence
as it is felt in this body
burns into the smoke
of the personal mind.**

**The Watching One is not disturbed
as every flame is a perfect expression
of its Unlimited Presence
in limited form**

It is

Jnana-Yoga for the mind

Bhakti-Yoga for the heart

Karma-Yoga for the body

for You

all is well

What to say about this?

In the body

the Heart takes the form

of mind in matter

In the mind

the Heart takes the form

of the body in thoughts

Resting as itself

it is still none other

than its own Essential Nature

**The one who knows
he does not change
when his expressions change
is the only one
that truly Exists**

**This is the Source
of every single being
there's nothing special about it
it is the same
in all
Only to the mind, it is God**

**The desire to be someone
or something in particular
makes you feel like a stranger
to your Perfect Nature
which is eternally free
from this desire**

Let's go for a walk
or have some tea
watch something on youtube
or pay the electricity
all this doesn't really matter
we know we are Free

**Glory to the One
ever awake to the Truth
of its own Pure Existence**

Life is change

ego tries to hold on to something

to weave its own story

but at the end it will have to admit

change has no fixed size for suits

Oh great Life
living itself
through all beings,
you are never touched
by the mistake
of 'other'

This Great Love

says “You”

seeing only “I”

This Great Understanding

has no “I”

and no “You”

**There is no “other”
only the thought of “other”**

**There is no “me”
only the thought of “me”**

**They are both appearing
in the Presence of the One
that is without name and form**

**When the problems of the ego
are only the problems of the ego
and not of the Self
they contain the key
to their Indefinable Solution**

Love

The Pure Vibration of your True Being

is so powerful

it is feared by the one you're not

because this flame

can burn the whole house down

in only a few moments time

Can thoughts ever change You?

If you think so,

then its time to find out

you're not who you think you are

My only prayer is

“Let it Be”

the ego is fear of death

personified

made-up desires are its origin

and Love is its final end

**What was first seen
as some energy of the ego
is now felt to be
the energy of Self
transcending the ego
every time it borrows some Being**

This personal identity is never stable

of course not

who would want it to be?

the ego says “me, I want it!”

until it realizes

it is absolutely Nothing

but the Self

**When you shift the focus
from the outside world
of form and thoughts
to the inside world
of Unity
nothing really changes
but everything is readily accepted
as a playful manifestation
of the Absolute**

**Don't do anything
just for the sake of some ego
don't give it the feeling
it can count on your service**

**Do everything in the realization
that ego can only serve You
when it is seen as an equal expression
of your Supreme Existence**

**The delusion of ego is
that one ego is seen as
important for your happiness
while the others
are important for others**

**The realization is
that they are all expressions
of the same One**

**This One is ever Untouched
while ego only exists when touched**

**The one that wants to be someone
can never feel what he is Now**

**The one that doesn't want to be someone
can never feel what he is not Now**

**There is one that wants to be someone
and there is one that doesn't
want to be someone**

Which one was here first?

**Don't you have to be here first
before thinking about being someone?**

Who are you?

**Do you know the One
that does not want to be
anybody or anything?**

It's you!

**This mental level can be
pervaded by all kind of thoughts**

it's just the mental level

can it ever contain you?

**So what is not real about this
sitting on the floor?**

Who's asking?

The sitting one?

That one is not real!

thought is there

but you're not the one thinking it

The thought and the thinker

arise together

as thought

It's enough, now

this game of playing

mister enlightened

is through

oh, but it is only the mind

playing it

and I have never been the mind

enlightenment is just a concept

it does not exist

The only one that exists

is the perceiver of all concepts

even the concept of the perceiver.

This same one is perceiving the body.

Knowing yourself to be this one only

could be called enlightenment

or freedom

The mind says things like
“shouldn’t have done that,
it’s going to cost me”

or

“shouldn’t have thought this,
this is going to cost me”

I know

the bills have already been paid
and the thought of them is fading